

# **Clinical Hypnotherapy Training**

## **Prospectus**



**Certificate of Clinical Hypnotherapy**

**Diploma of Clinical Hypnotherapy**

**Advanced Diploma of Clinical Hypnotherapy**

**Certificate of Soul Regression**

**Certified Trainers**  
**John Jackson & Lorna Jackson**

**[www.clinicalhypnotherapytraining.com](http://www.clinicalhypnotherapytraining.com)**

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### **Clinical Hypnotherapy Training**

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## **Mission Statement**

To be of service to humanity by building a network of competent Hypnotherapists assisting in the betterment of others.

Clinical Hypnotherapy Training offers a superb and challenging learning experience, both in gaining expertise in the hypnotherapy profession and individual change.

There is a rapid acceleration in awareness of the Mind, Body, Spirit connection, this is evidenced by a global shift in the way people view their physical, mental and spiritual health along with their connection to this beautiful planet. More importantly what is also happening is this awareness is bringing with it a stronger sense of connection to our spiritual being.

At the heart of Clinical Hypnotherapy is the belief that as we connect with this higher awareness, transformation occurs, and as this transformation happens, we are empowered to create the life we envision for ourselves.

Clinical Hypnotherapists are both clinicians and healers and are part of the cutting edge of what is becoming one of the go to therapeutic professions of the 21st Century.

If you are looking to work professionally as a hypnotherapist then the courses on offer at Clinical Hypnotherapy Training are designed to assist you in becoming the competent hypnotherapist you want to be.

## About Clinical Hypnotherapy Training

The roots of Clinical Hypnotherapy Training go back to 2006 when Lorna and John Jackson first began offering weekend courses in Brisbane, this evolved over the next 4 years and in 2011, The Jackson Institute emerged offering basic hypnosis training along with Soul Regression Training in the form of Soul Regression Therapy a six day training course in Past Life and Afterlife Regression. The Jackson Institute has now merged with and become Clinical Hypnotherapy Training.

Lorna and John Jackson formed the Clinical Hypnotherapy Training to fill in the gaps in Australian Hypnotherapy Training. Whilst there are several excellent training programs in Australia that train proficient hypnotherapists, Lorna and John wanted to address the lack of proficient courses offering all round training in hypnotherapy/psychotherapy.

Lorna and John Jackson are real life experienced trainers, solidly grounded in clinical hypnotherapy, psychotherapy and spiritual hypnotherapy. Having run their business in Brisbane and on the Gold Coast since 2003, they have current operating hypnotherapy clinics on the Gold Coast and in Brisbane.

In their nly life experienced trainers with many years practical experience and good track records are really the ones to study with in their humble opinion. There are way too many textbook trainers these days, attempting to train others how to become a success in the field of hypnotherapy. What has become concerning to Lorna and John is the proliferation of the number of courses in hypnotherapy being offered by trainers with minimal (meaning little to none) experience as working Clinical Hypnotherapists. They see this as akin to the blind leading the blind.

They recognised the need for hands on trainers who can not only “talk the talk” but can “walk the walk” This is vital as many trainers simply do not possess the in-depth knowledge and years of practical experience needed to train confident therapists, how can you teach real effective methods without experience? The most effective methods come from many years of experience gathered from seeing many clients for a variety of problems.

Clinical Hypnotherapy Training has designed its courses unlike other hypnosis and hypnotherapy training courses. Lorna and John Jackson have brought together their personal experience of clinical Hypnotherapy/psychotherapy and spiritual hypnotherapy knowledge and combined with their many years of successful client practice, to bring the very best to their students.

**Who are these courses suited to**

The courses offered by Clinical Hypnotherapy Training are suitable for responsible, emotionally mature and mentally healthy people of good character with no serious previous criminal convictions.

Perhaps you are looking for a career change and feel that now is the time, or already an alternative therapist/practitioner and wanting to add to your practice, have a calling to be of service in a healing capacity and want to manage your own work and leisure time.

Students attending our courses have come from diverse backgrounds such as alternate health professionals, tradespeople, medical doctors, psychologists, mums returning to the workplace, counsellors, general and specialist nurses, dentists, business professionals, healers, massage therapists, accountants, salespeople, psychiatrists, biologists. As you can see hypnotherapy and the application of hypnosis is a field that can suit all backgrounds.

As mentioned previously this course is suitable for mentally, emotionally healthy, mature minded people who are open to change and willing to participate in a training course that can be emotionally challenging and often take people out of their comfort zone. This training requires people to have critical self-awareness, be open to accepting group feedback and group mentoring in a therapeutic setting, thus creating good therapists.

Before joining any hypnotherapy associations in Australia, you will be required under their rules to provide a formal Police Clearance and Senior First Aid certificate before membership is accepted. Clinical Hypnotherapy Training does not require you to produce them. We do however require competence in written and spoken English.

Our training courses are **not suitable** for anyone who has been diagnosed with dyslexia, or spectrum disorders, also those with severe and persistent mental illness, as this training requires full thinking capacity in order to assist others.

**Please note** Registration IS NOT available to:

Any person who has or may have a commercial conflict of interest to Clinical Hypnotherapy Training. Also, trainers or representatives from any other hypnosis/hypnotherapy/transpersonal/spiritual hypnotherapy or NLP training schools or institutions.

## **Study options available to become a Clinical Hypnotherapist**

All courses offered by Clinical Hypnotherapy Training have no prerequisites:

### **Certificate of Clinical Hypnotherapy**

### **The Diploma of Clinical Hypnotherapy**

### **Advanced Diploma of Clinical Hypnotherapy**

### **Soul Regression Therapy**

Start learning at your leisure with the 5-day Certificate training or enrol in the Diploma or Advanced Diploma straight away.

What hypnotherapy training should consist of is an ideal balance of theory, practice, and mentoring. We have designed our courses without the waffle so that you can get on with learning what you need to learn in order to start practicing as soon as you graduate.

A hypnotherapy student you can pay many thousands of dollars to only end up learning and practicing a progressive muscle relaxation technique before you are given a document that decrees you as a Hypnotherapist, Master Hypnotist or a Master Practitioner. It's a sad but true reality that many graduates from this type of training have no real idea of what true Clinical Hypnotherapy is.



**Your Trainers - Lorna & John Jackson**

Founders of Clinical  
Hypnotherapy Training

International Therapeutic  
Hypnotherapy/Psychotherapy  
Trainers, Regression Specialists,  
Stop Smoking and Weight Loss  
Specialists, Public Speakers,  
Authors.

Dip Hypnotherapy Psychotherapy – Dip Transpersonal Hypnotherapy, Dip Adv Hypnosis – Adv Transpersonal Hypnotherapy, Dip Ego State Therapy, Dip Resource Therapy, Advanced Clinical RT Therapists & Trainers. Lead trainers at Clinical Hypnotherapy Training

Lorna and John Jackson are both well-established experienced clinical and hypnotherapists / psychotherapists and trainers with over three decades of clinical hypnotherapy experience between them, they are respected leaders in the field. They have both been personally trained and mentored by leading luminaries in the fields of hypnosis, hypnotherapy and psychology. They have a strong belief in their work as hypnotherapists and trainers having a life purpose rather than personal.

Together they hold a strong passion for their work and the training courses they offer, their mission is to train confident, competent hypnotherapists. If you are just beginning your hypnotherapy journey, rest assured Lorna and John will support you during your study with Clinical Hypnotherapy Training. When you graduate you will have the knowledge, skills to competently and confidently begin practicing immediately.

They have successfully helped thousands of clients and hundreds of students to move forward in life. As well as running a full-time clinical practice for well over a decade, they have worked extensively running courses in hypnotherapy and regression therapy around Australia and Internationally.

Lorna and John are known for assisting their clients to create rapid change for life's difficult problems and are skilled practitioners in powerful releasing protocols and a variety of transformational processes. Through clinical use of their unique personally developed therapies and programs they have influenced many lives and brought insight, wisdom and spiritual growth to a wide variety of clients ranging from international sales motivators, commercial airline pilots, psychologists, medical professionals, musicians, television and radio presenters, businesspeople, to home





makers and children. People from all walks of life, facing challenges such as stress disorders, nicotine and drug dependency, gambling, addiction, alcohol problems, pain management, depression, panic disorder, insomnia, motivation, chronic fatigue syndrome, cancer and many other various behavioural challenges.

This couple have walked their talk, knowing what it's like to build a practise from the ground up being in the outer suburbs of Brisbane working out of a small bedroom in their home. With only one basic website (no social media in those days) and local advertising the business slowly grew and before long they had renovated a single garage into a clinic space and further along split the garage space into two rooms as the practice grew. Soon it was time to move on and next came purpose-built clinic rooms in their new home along with training space. This extra room allowed the development of the training programs to begin in earnest and soon they began to grow as trainers. Now they live on the Gold Coast and have a private home clinic, along with Brisbane clinic rooms and dedicated training rooms located at Burleigh Heads on Australia's scenic Gold Coast.

Over the years they have both been involved in serving on hypnotherapy committees and running peer support groups. They now enjoy imparting their vast experience gained within the industry to their Clinical Hypnotherapy students. The knowledge you will learn from Lorna and John is second to none and has been earned by working hard at the forefront of the hypnotherapy profession in Australia.





Besides their vast clinical hypnotherapy knowledge Lorna and John have also undergone extensive training in spiritual hypnotherapy, energy work and the esoteric arts, including past life and between life regression therapy, having trained personally with many of the pioneers in this field which include Dr Brian Weiss, Dolores Cannon, The Michael Newton Institute and Dee Chips (who is the surviving pioneer member from the original group trainers who created the Life Between Lives training in the USA).

Lorna and John are the founders and trainers of “Soul Regression Therapy” Australia’s first Past Life and Between life regression training course, without prerequisites, a 6- day facilitator’s training course. Working closely with only small intimate groups of 8 – 10 students, Lorna and John have now taught this course to over 300 students around Australia.

Through their regression work they have compiled a large body of reincarnation evidence and research. Lorna has written many articles about past life regression and the afterlife that have been published in Australian magazines. Lorna and John are authors of their published book, “Soul Regression Therapy, Case Histories of Past Life Regression and Between Life Regression, Healing Current Life Wounds and Trauma,” which contains a collection of their case studies.

Clinical Hypnotherapy Training has designed its courses unlike other hypnosis and hypnotherapy training courses. Lorna and John Jackson have brought together their personal experience and knowledge of clinical hypnotherapy and spiritual regression knowledge along with their many years of successful client practice, to bring the very best to their students.



## **Certificate of Clinical Hypnotherapy**

No Prerequisites

5 days

The Certificate of Clinical Hypnotherapy consists of 5 Days practical hands on training for those starting out on a career in Clinical Hypnotherapy, wanting to eventually become a fully qualified competent Hypnotherapist trained in the best of hypnotherapeutic techniques.

The Certificate encompasses the first 5 days (Block 1) of the 13-day Diploma course. During this time you will learn all the basic techniques to get you started including multiple inductions and basic therapy techniques. This 5-day Certificate course is a good way for you to find out if a career in hypnotherapy is for you. There is an abundance of experiential work included in the Certificate as well as live demonstrations and plenty of discussion time. During the 5 days you will learn how to get yourself started as a successful effective and ethical Clinical Hypnotherapist.

After completing the 5-day certificate you are most welcome to continue training towards your Diploma or Advanced Diploma with us. To see a breakdown of what you will learn on this Certificate course please read "Block 1 - 5 days - Outline of content" on page 14 of this prospectus.



## **Diploma of Clinical Hypnotherapy**

No Prerequisites

13 days (5 + 4 + 4 days) Live training

This comprehensive Diploma of Clinical Hypnotherapy consists of 13 Days practical hands on training for those wanting a career as a fully qualified competent Clinical Hypnotherapist/Psychotherapist, able to confidently start up and build their own successful effective and ethical hypnotherapy practice.

The Diploma of Clinical Hypnotherapy is a superb and challenging voyage in both expert and individual change.

The ethos of Clinical Hypnotherapy Training is to be of service to humanity by building a network of competent enlightened hypnotherapy practitioners to assist others in awakening of consciousness.

All knowledge imparted to students comes from many years of education both in Australia and overseas, everyday practise in our own hypnotherapy clinics, and many years of personal development.

The curriculum is a mix of the traditional and our own techniques that are intended to carry profound individual understanding and change to the students learning them. These well-developed client centred techniques allow our practitioners to resolve otherwise difficult client problems in relative short duration of appointments rather than leaving them unresolved using poorer techniques and quite often sees the client seeking another therapist. After all a great part of what builds and sustains a therapy business is referrals and these are gained by the reputation of the therapist.

You will learn how to be of service to your clients, helping them to overcome anxiety, depression, trauma, grief, relationships, along with stop smoking using our own trademarked HypNoSmoke process. Also you will learn various techniques to assist your clients to overcome problems such as weight loss, marijuana, gambling, alcohol and more.

Included in your Diploma training you will learn the cutting-edge therapy **Personality Integration Process** (PIP) a new advancement in the field of Hypnotic Therapy developed by Lorna Jackson and used successfully in her everyday practice to help resolve client problems.

Clinical Hypnotherapy Training includes this level of training at the Diploma level viewing the PIP skillset as mandatory to success whereas other training institutions only offer something similar at additional cost in the form of an advanced or graduate diploma. PIP gives our student graduates a huge advantage in the treatment they can offer to clients in their clinical practises.

PIP is a hypnotherapeutic technique used in hypnotherapy for inner conflict resolution and helps clients succeed even when other hypnotic techniques have failed. It empowers the client when the resolution for the problem comes from the client instead of the therapist.

The PIP process is suitable to help treat habits, fears, phobias, trauma etc. PIP addresses the client's issues in the most direct manner, with results being incredibly fast, effective, efficient and permanent.

Personality Integration Process (PIP) gives hypnotherapists the most direct access to the part of the personality that is experiencing the presenting issue and provides effective intervention methods in order to resolve them efficiently.

This module of the Diploma is backed by extensive online resources.

In terms of most Diploma of Clinical Hypnotherapy courses being presently offered in Australia this Diploma far exceeds most of them and is equivalent with some of the advanced Diplomas presently available.

Why is this you may ask? We simply believe that for you to succeed at becoming self-employed in the Hypnotherapy profession you must be equipped to deal with all eventualities.

There is also an exam (open book done at your leisure at home) to complete along with Two case studies recorded and written up, also a professional development essay.

To assist with this all Diploma Students are granted a 1 year access to [clinicalhypnotherapytraining.resources.com.au](http://clinicalhypnotherapytraining.resources.com.au) online resources.

1. There are no prerequisites for the **Diploma of Clinical Hypnotherapy**.
2. From day one of the course along with the live training, you begin your self-directed learning, reading your manuals and required reading. You will have access to the online study modules, these are there to assist you with your practical work and case studies. Also during the last 4 day module you will receive your open book exam papers to be completed and handed in with your case studies All Diploma students of Clinical Hypnotherapy Training are granted 12 months of free access to the on-line student resource centre in our Hypnotherapy Learning Lab This is your go-to resource to help you through-out your training and on into your career as you set up your business.
3. Complete all 13 days of training these 13 days will be spread over a period of approximately 6 months.
4. Following the completion of your 13 days live training, if you have completed the online study modules, your counselling modules, all case studies and provided us with your examination paper, your A3 size Diploma of Clinical Hypnotherapy along with your Transcript of Studies will be issued.

Our comprehensive Clinical Hypnotherapy training is 600+ hours and designed to meet Australian hypnotherapy industry standards.

**Block 1 - 5 days - Outline of content**

Definition and functions of hypnosis;  
History of hypnotherapy;  
Breaking the myths and misconceptions about hypnosis;  
Characteristics of the subconscious and conscious mind;  
Levels of trance; benefits of hypnosis;  
Legal and ethical considerations;  
Welcoming the client;  
Beginning the session;  
Interview Techniques;  
Basic counselling Skills;  
Basic styles of induction;  
Methods of trance induction;  
Deepening techniques;  
Delivery of trance;  
Signs of trance – minimal cues;  
Organising and running Basic Therapy sessions;  
Return from trance;  
Keys to effective suggestions and hypnotic language;  
Ideomotor signalling and communication in hypnotic trance;  
Anchoring post hypnotic suggestions;  
Self-script;  
Demonstration of hypnosis;  
Anatomy of a hypnotherapy session;  
Suggestibility vs. gullibility;  
Suggestibility testing.

**Practical Hours;**

Practical hands-on hours are interspersed throughout this block of 5 days.  
This helps to integrate various learnings and techniques taught to students.  
Student generally practice in pairs under personal mentoring from the trainers.

**Block 2 – 4 days - Outline of content****Personality Integration Process**

Introduction and overview,  
Understand the concept of Personality Integration Process™,  
History and variations of Personality Integration Process,  
Goals of PIP, Nature of Personality States,  
Understand when PIP is appropriate to use as therapy,  
How to overcome client blocks,  
Utilize hypnotic techniques,  
Understand and set up ideomotor responding and psychodynamics within pip,  
Emotional bridging and clinical hypnotic regression,  
The PIP session,  
Personality negotiation and integration,  
PIP session conclusion,  
How to use PIP to become a better hypnotherapist,

**Practical Hours;**

Practical hands-on hours are interspersed throughout this block of 4 days. This helps to integrate various learnings and techniques taught to students. Student generally practice in pairs under mentoring from the trainers.



**Block 3 – 4 days - Outline of content**

- Hypnotic transference
- Hypnosis with children
- Hypnosis and pain
- Hypnosis for habits (smoking, gambling, alcohol) addictions and substance abuse
- Hypnosis for fears, phobias and PTSD
- Hypnosis for weight loss and eating disorders
- Hypnosis for sleep
- Hypnosis for anxiety, depression

**Practical Hours;**

Practical hands-on hours are interspersed throughout this block of 4 days. This helps to integrate various learnings and techniques taught to students. Student generally practice in pairs under mentoring from the trainers.

## Soul Regression Therapist



The Soul Regression Therapy Facilitators course is an intense six consecutive days in which you will learn hypnotic methods, regression techniques and insider's information that could take you years to learn. Much of the content is not available in any other training. In fact, some other courses just teach their students how to guide their clients to get a glimpse of a past life using relaxotherapy. This

course is not that, this course is structured to be an additional learning curve in how to provide deep and prolonged hypnosis (up to 4 hours). Providing this deep hypnotic trance enables a client to access the deep levels of their subconscious mind. By doing this the client may gain an understanding into who they were in a past life plus also gain an understanding into the core-essence of problems that have perhaps travelled with them across many lifetimes.

One thing Clinical Hypnotherapy Training does and does well is teach their students how to hypnotise properly. Combine this with the unique Soul Regression Therapy Techniques and you have a great therapy to offer your clients.

There is a huge shift towards energy work and spiritually based therapy and many people are ready to release karmic patterns and complexes, and many mainstream therapies are proving less than effective with this. Believe us we know as many varied therapists have trained with us. Clinical Hypnotherapy Training now offers you the chance to add Past Life & Between Life Regression to your current hypnotherapy practise or to become a standalone Regression Therapist.

**This course is open to anyone wanting to learn this therapy**, not only practicing hypnotherapists and healers, but to responsible people who are drawn to spiritual work, healing or a desire to help people.

Graduates of this course are fully equipped and confident to establish themselves as **Soul Regression Therapists** and set up in practice if they chose to do so. You will have the potential to earn up to \$100.00 to \$150.00 per hour and there are a lot of people seeking this type of healing therapy.

Students of this course will benefit from the combined experience of two professional and highly experienced Spiritual Regression Hypnotherapists, who have hundreds of hours of education and spiritual training behind them. They will personally mentor and train you in the SRT process.

John & Lorna have developed and refined their **Soul Regression Therapy** training course to pass the maximum amount of their knowledge on to their students. Soul Regression Therapy consists of two separate sessions, 1 past life regression and 1 afterlife regression. The process involves guiding an individual into the somnambulistic state of trance through a unique hypnotic process and visualization method that Lorna and John have developed.

This course includes lectures, demonstrations, supervised experientials. We provide you with all the support manuals and personal ongoing mentoring after the course.

The theory component of the course is presented in power point presentation format, and private breakout rooms/areas are used for the one on one sessions which will be personally supervised only by Lorna and John.

Once this course is completed all graduates are awarded a Certificate of Completion in Soul Regression Therapy. They are then invited to complete and submit **three written case studies and two case recordings** to our examiners for assessment within **9 months** of the completion of this course. Once the faculty are satisfied of the student's skillset and ability in Soul Regression Therapy the candidate will be conferred the title of Certified Soul Regression Therapist. This is to ensure a high standard of competency across our graduates.

Lorna and John Jackson are both highly experienced certified Clinical Hypnotherapists and Psychotherapists, holding diplomas in Clinical Hypnotherapy, Psychotherapy and are experienced Certified Past Life, Between Lives, Spiritual Regression Therapists. They have authored "Soul Regression Therapy, Case histories of Past Life Regression & Between Life Regression, Healing Current Life Wounds and trauma" a top selling book of its genre.

All courses offered by Clinical Hypnotherapy Training are comprehensive, using a combination of lectures, experientials and discussions.

**SRT - 6 days - outline of content**

- History of regression therapy
- How to conduct a client interview
- The highest standards of Hypnosis and Spiritual Hypnotherapy
- REAL Hypnosis and powerful hypnotic inductions that will put most people into hypnosis, even the most difficult subjects can achieve deep somnambulistic levels
- How to use “theta-wave” technology to ease your clients into hypnosis
- Womb regression
- To Understand different methods of regression
- How to handle spontaneous catharsis
- Past Life Regression Therapy – practicing safely and successfully
- How to access multiple past lives in one session
- How to release karmic complexes from the current life and past lives
- All about releasing and healing subconscious blocks, negative habits, phobias, recurring cycles, fears and pain
- How to find the source of present-day problems from past lives
- The knowledge of basic psychopathology and contra-indicators for regression therapy
- How to bring forward creative abilities from past lives to enrich the present life
- About discovering soul agreements
- How to deal with important metaphysical situations that can arise which could include how to talk to negative entity attachments and release them safely
- How to Connect the client to their “Higher Self or Over Soul”
- How to guide the client to that afterlife or between life to meet with guides, Elders and learn about their soul history
- About Soulmate/friend connections
- Spirit counselling and communication that includes contact with souls from past lives, spirit guides, deceased loved ones
- how to discover your clients Immortal Souls Purpose and how it affects life choices
- How to connect with Master Spirit Guides
- How to remove blocks from the energy field
- How to conduct as you watch and experience demonstrations,
- From your Student experientials. This is where you will facilitate and receive two supervised regressions (1 past life regression & 1 afterlife regression) in a clinical environment. These sessions can be powerful, healing and potentially life changing.

**Practice and Experiential Hours;**

Hands-on practice is interspersed during the 6 days. This is along with 12 hours of experiential regression practice. This helps to integrate various learnings and techniques taught to students. Student generally practice in pairs under mentoring from the trainers.



### **Advanced Diploma of Clinical Hypnotherapy**

The Advanced Diploma of Clinical Hypnotherapy is a combination of The Diploma of Clinical Hypnotherapy and The Certificate of Soul Regression Therapy certification. This is a Total of 19 Days of live Training Study towards the Advanced Diploma can be undertaken consecutively beginning with the Diploma of Clinical Hypnotherapy, Soul Regression Therapy

Training.

To be awarded the Advanced Diploma of Clinical Hypnotherapy a student must have attended in full all the 19 live days of training plus satisfactorily completed other requirements.

Whilst undertaking studies towards the Advanced Diploma level the student is welcome to attend all Diploma and Soul regression Training at no cost over a 18-month period from the commencement of the Diploma of Clinical Hypnotherapy

The accolade of Advanced Clinical Hypnotherapist is for those who want to achieve a greater level of knowledge in the field of Clinical Hypnotherapy and clearly demonstrates a high degree of dedication and application in attaining the full skill set of an Advanced Clinical Hypnotherapist.

#### **To be conferred with the accolade:**

All Exam Papers must be completed

All Case Studies and recordings of client sessions must be submitted and passed

Your Professional Development Essay of 1500 – 3000 words on elective subject must be completed and passed.

## **Joining a Hypnotherapy Association**

All our students receive thorough training, far and beyond the requirements to become a member of a Hypnotherapy Association in Australia.

Most associations accept your application based on a copy of transcript of studies and may ask you to demonstrate via a short test, your abilities to place a subject into hypnosis along with doing some positive reinforcement therapy/suggestions.

There is a lot of misconception amongst those that are looking to train as hypnotherapists as to these requirements to join an Association.

By the end of 2010, the practice of Hypnosis and Hypnotherapy was deregulated in every state and territory of Australia. There is no such thing as a license or registration to practise hypnotherapy anywhere in Australia. The term registered hypnotherapist usually alludes to the person being registered on an association's directory. These are just terms displayed by some therapists which can lead to confusion and doubt amongst the public when searching for a hypnotherapist.

Many therapists join associations in order to be able to get a private health fund provider number. Whilst clients can in some instances get a rebate, if you are planning on building a thriving business based around private health fund rebates you will be sadly disappointed as you may be lucky to see a handful of clients a year that want rebates.

## **Association Information**

Clinical Hypnotherapy Training is not directly affiliated with any associations. It is a member of the International Institute of Complimentary Therapists (IICT). However, for those students that want to become a member of an Association we do recommend the following associations for membership if required. These various Associations and alliances have websites where all details are available.

**ASCH** - Australian Society of Clinical Hypnotists

**AHA** - Australian Hypnotherapists Association

**AHA** - American Hypnotists Association

**AGH** - American Guild of Hypnotists

**TAHA** - The Australian Hypnosis Alliance

**PHA** Professional Hypnotherapists of Australia



**Terms and Condition regarding payment and refunds:****Refund Policy**

The refund policy for all hypnosis trainings is as follows. After acceptance into any of the Clinical Hypnotherapy Training, training courses and payment of fees there is no cooling off period and there are absolutely no refunds, unless a course is cancelled by Clinical Hypnotherapy Training, once registered a student can defer their training to any equal training within three (3) years of payment.

**Cancellation Policy**

In the rare event that the Clinical Hypnotherapy Training cancels any training in its entirety a full refund will be issued within 21 days of any such cancellation. Clinical Hypnotherapy Training will NOT BE RESPONSIBLE and WILL NOT refund any travel or accommodation payments. Students who may be travelling to attend any trainings it is recommended that you book your airfares and/ or accommodation on a changeable or refundable basis. These conditions are absolute.







## Questions and Answers

We have provided a large section of questions and answers below. These are questions often asked during phone conversations with us by those interested in pursuing a career as a hypnotherapist. We hope we have covered most of your questions. If you have further questions go to our contact page and you are welcome to send them to us via the message form or would if you would like to enrol please go to our contact page fill in the message form including your phone number and we can arrange a suitable time for us to interview you.

**1. Who is the Certificate of Clinical Hypnotherapy suitable for course:**

The Certificate is a starting off point for those who want to begin a career as a Clinical Hypnotherapist. The course delivers a comprehensive basic level of understanding and is designed to get you started practicing with clients.

**2. Who is the Certificate and Diploma of Clinical Hypnotherapy suitable for:**

Applications are invited from any mature person of stable mental health. There are no prerequisites before you commence the Certificate or Diploma training. Perhaps you have felt a strong calling to be of service to others working in the field of hypnotherapy but just haven't found the right course yet. You may already be an alternative therapist wanting to add a new set of skills to your existing modalities. This course is designed for the person who wants to challenge themselves, is open to being challenged in a supportive environment and prepared for deep work and transformation.

**3. Who is it (the training) not suitable for:**

(a) Anyone looking for a shortcut into the profession of Clinical Hypnotherapy (Contrary to what you might have read or heard about, there are no shortcuts). Australian hypnotherapy associations demand a minimum of a Diploma level qualification in order to join them. A basic online course or 3-4-day weekend training event will simply not satisfy joining requirements.

(b) Those that have major criminal convictions or have served time in prison. Working in the hypnotherapy profession requires a police check for association membership and practitioner insurance.

(c) Anyone who suffers severe mental health problems or are under the care of a psychiatrist. Students who enrol on any training course run by Clinical Hypnotherapy Training and do not truthfully answer the enrolment question regarding mental health status may be asked to leave the training if problems occur.



(d) Those that have trouble with being critiqued or receiving mentoring in a group setting

- 4. Who attends your courses:** People from all walks of life and educational backgrounds such as Stay at home mums returning to work, Factory workers, Trades people, Medical doctors, Dentists, Psychologists, Counsellors, Nurses, Accountants, Alternative health practitioners, and more.
- 5. How much of the live training is practise:**  
A substantial part of the training involves experiential practise. You need to do this in order to feel confident and able to place a person into a rapid and deep level of hypnosis, after all if you can't do this you can't really call yourself a hypnotist.
- 6. Can I join a Hypnotherapy Association after completing your training:**  
Yes there are a number of associations you can join, by simply applying to the association of your choice and providing your qualification and transcript of studies along with other requirements that may need to be met.
- 7. Can I obtain a Private Health Provider Number:** Yes, this is done by joining a hypnotherapy association that provides its members access to private health fund provider numbers.
- 8. Government accredited versus Non-Government Accredited:** and what is the difference: We are not Government Accredited nor an RTO. Since national deregulation of hypnotherapy, Government Accreditation is not necessary in order to practise. Any institution that tells you that you must be Government accredited in order to practise is incorrect. Most of the inflated cost of courses available is attributable to the ongoing costs of running an RTO. Also, we focus on training on affordable effective practical hypnosis/hypnotherapy methods, not overpriced academic theory.
- 9. Do the trainers hypnotise the students. Not just relax them (relaxotherapy), but really hypnotise them. I've heard there is a difference:** Yes, our trainers do use students for demonstration purposes to show the effectiveness of true depth of hypnosis. It's truly a worry how many hypnotherapy trainers Can't or Won't demonstrate the skills and expertise required to induce true hypnosis or an effective instant or rapid induction. This really doesn't show much hypnotic expertise so generally their training may create only average hypnotists. That's fine if that's what you aspire to be.
- 10. Who are the Trainers and what is their clinical experience:** Lorna and John Jackson Clinical Hypnotherapists running their own busy clinics in Brisbane and the Gold Coast 2003 - current

**11. What are the Trainers qualifications:**

(a) Clinical Hypnotherapists, Therapeutic Hypnotists, Hypnosis Trainers, Psychotherapists, Regression Specialists, Stop Smoking and Weight Loss Specialists, Public Speakers, Authors.

(b) Dip Clinical Hypnotherapy/ Psychotherapy, Dip Hypnosis, Dip Adv Hypnosis, Dip Ego State Therapy, Dip Resource Therapy, Advanced Clinical RT Therapists & Trainers. Lead trainers at Clinical Hypnotherapy Training

**12. Do the trainers hold a teaching qualification:** They have achieved 15 years' experience as trainers running their recognised training courses both in Australia and internationally. Over these years they have lectured to many and trained hundreds of students many of whom have gone on to work successfully in the professions of hypnotherapy and regression therapy this stands as testament to their no-nonsense training ability. They successfully impart their many years of real-world knowledge, experience and life skills concisely, free of psychobabble.

**13. What are the trainer's personality types:** Open, Real, Approachable, Ethical, Grounded.

**14. Does Clinical Hypnotherapy Training align with Professional association OR government recognition:** All courses taught by Clinical Hypnotherapy Training they are designed to meet current professional standards.

**15. Upon graduation is there any ongoing aftercare provided, for example further training, or supervision / mentoring:** There are online videos and zoom group supervision sessions also the availability to speak to the trainers via phone to address any discuss any concerns.

**16. What is the quality of Qualifications gained during the training:** The quality of the qualification received is of professional industry standard that meets or exceeds current professional requirements

**17. What is the Curriculum or Syllabus taught:** The extensive Syllabus is outlined on the various course pages contained within this prospectus also on the website where you downloaded this prospectus.

**18. Do you teach other modalities, and if you do, their uses and what styles do you combine for example, eclectic or cognitive:** Yes we do teach other modalities during our courses these are either our own as in Personality Integration Process which combines a balanced mixture of both eclectic, cognitive styles. We also explore the use of other modalities during the training, which types to use and when to use them to overcome various issues presented by clients.

- 19. What is your group size and student-trainer ratio:** Group size can vary from 6 to 16 students having two trainers on hand ensures a quick response to any questions and when supervising experiential work.
- 20. What is the course structure and how is it organised:** Having run many training courses over many years the course structure is designed to suit a broad range of people from all backgrounds, academic achievement and is organised for all learning styles whether they be Listening (audio), Seeing (visual) or practical – hands on (kinaesthetic).
- 21. Do your courses offer a balance of theory and practice:** An excellent balance of both theory and practice is included in our courses.
- 22. Is there any practice with public included:** We don't take students into public places to work with public (street hypnosis) we consider your fellow students are representative of the public.
- 23. Do you supply course manuals:** Extensive course manuals are included in all training courses as is detailed written knowledge of all therapies.
- 24. How do you Assess the knowledge gained by students during the training:** Assessment is carried out both with in house training and open book exam and submitted case studies
- 25. How do you assess the practice of students and their ability to carry out effective hypnosis inductions and to carry out therapy:** Via students demonstrating the ability to adequately hypnotise a subject and group work also via case studies written up and recorded on audio (Soul Regression Therapy).
- 26. How much homework is involved, what is the quality of homework expected:** Homework is a mixture of reading mandatory books manuals etc, also online resource material and quizzes, open book exam and case study work. Whilst some students don't like the idea of having to complete homework it helps each student to further develop their knowledge and confidence. Completing homework tasks shows your determination to succeed and your ability to work independently, these are qualities you must develop in order to work and become a success in the profession of hypnotherapy.
- 27. Do you provide supervision / mentoring:** Daily group mentoring/supervision occurs throughout the training course usually on a daily basis. Also there is online group supervision.
- 28. What is the length of your courses in days** 5 days for Certificate of Clinical Hypnotherapy, 13 days for the Diploma of Clinical Hypnotherapy and 19 days for the Advanced Diploma of Clinical Hypnotherapy.



**29. During the course how many hours of live training with a tutor are included:**

Certificate of Clinical Hypnotherapy = 40 hours, Diploma of Clinical Hypnotherapy = 104 hours, Advanced Diploma of Clinical Hypnotherapy = 128 hours.

**30. What is the training frequency of your courses:** The Certificate, Diploma and Advanced Diploma of Clinical Hypnotherapy are held 1 to 2 times per year, Soul Regression currently 4 times per year (see website for details)**31. Is the training continuous or separated into blocks:** The Certificate of Clinical Hypnotherapy is run in one block of 5 days. The Diploma of Clinical Hypnotherapy is run in 3 blocks consisting of 5 days + 4 days + 4 Days, The Advanced Diploma of Clinical Hypnotherapy is the Diploma plus the 6-day Soul Regression practitioner training.**32. Is the training run on weekends:** We always endeavour to start each module on a Friday so that at least two of the training days fall on a weekend. This minimises using annual leave for those taking time off work to attend a course.**33. What are the dates and availability of your courses:** see the website for advertised dates and locations**34. What is the overall cost of your courses including books, etc:** see the website for all current prices and required reading which is available via various online book retailer either electronically or hardcopy via free postage**35. Where are your courses run:** The Certificate, Diploma and Advanced Diploma of Clinical Hypnotherapy = Sydney and the Gold Coast, Soul Regression Training is held in Sydney, Melbourne and on the Gold coast**36. Do you rely on certain numbers to hold your courses and are my deposits or payments safe:** Yes, as like many other training institutions Clinical Hypnotherapy Training does rely on a certain number of students attending each scheduled course in order to make that course viable. The Clinical Hypnotherapy Training promises and always undertakes to keep those enrolled and attending fully informed as to the status of the running of each course.**37. Is my money paid to you safe in the event of a training being cancelled:** All student deposits and payments are safely accounted for and the companies Real Hypnosis Training PTY LTD, and Spiritual Regression Australia PTY LTD employ an independent certified accountant, file all due documentation and are fully solvent. In the event of a course being cancelled by Clinical Hypnotherapy Training another course will be offered or fees fully refunded. We do not cover losses from airfares paid or accommodation booked so please make sure that any arrangements you make for travel or accommodation are refundable. **This is an important factor and a question to ask any Training institution you are paying money to.**

- 38. What happens if I am sick or miss days of the course:** No diploma or Certificate can be issued if days are missed. Any student that misses day/s of attendance is welcome to join in the next available identical course for no cost to enable them to complete the missed day/s.
- 39. Do you have other marketing materials you can send out:** This prospectus is provided to give you an in depth look at what Clinical Hypnotherapy Training is currently offering. We try to make sure that these marketing materials are up to date, informative, helpful, easy to read and able to be understood by a broad range of people. We do our utmost best not to make any wild claims about our courses or exaggerate outcomes of therapies taught or of the resolution of client issues.
- 40. After I finish my training with Clinical Hypnotherapy Training what issues will I be qualified to work with:** Those completing the Certificate of Clinical Hypnotherapy will be able to work on a basic level assisting clients. Diploma of Clinical Hypnotherapy Students will be able to assist their clients with many issues including the more complex, these are outlined in the Syllabus. Using the eclectic styles of therapies taught they will be able to blend these to assist in resolving a varied range of client issues presented.
- 41. Do I receive a Certificate at the end of the 5 day Certificate of Clinical Hypnotherapy.** Yes all persons attending the Certificate of Clinical Hypnotherapy 5 days will be issued with a Certificate at the end of the final day.
- 42. Do I receive my Diploma of Clinical Hypnotherapy on the final day of training:** No, After you complete the final module you then need to send in your open book exam paper along with your case studies etc which will be marked and assessed in order for you to receive your Diploma and transcript of studies.
- 43. How long do I have to submit the exam and case studies:** You have 9 months to complete your requirements for the Diploma and Soul Regression Therapy. In certain instances, you can apply for an extension. (please contact the trainers if you require an extension).
- 44. Do I receive my certificate of Soul Regression Therapy after completing the Soul regression Training:** At the completion of the Soul regression training you receive a Certificate of Completion you can then display this on your wall to receive a full certification as Soul regression Practitioner you must submit your written and recorded case studies within 9 months of completing your training. (please contact the trainers if you require an extension).
- 45. Does the Soul Regression Training have a different enrolment process:** Yes, full detailed information is available at [soulregressiontherapy.com.au](http://soulregressiontherapy.com.au). If you

are ready to enrol for Soul Regression Training, please contact Lorna Jackson on +61411886796.

**46. Do you have a payment plan for course fees:** There is a payment plan available. Please call us to discuss.